

Health Maintenance Consortium Grantee Survey Summary: August 2004

Project Title and Principal Investigator	IRB	Measures added	Ability to change measures	In field	Data collection points	Year one recruitment	Recruited as of 7/31/04	Meeting recruitment goals	Ethnicity & gender goals	Meeting ethnicity & gender goals?	Interest in TA or session on recruiting	Consort reporting tracking system	Added reach questions	Finalized intervention	Target levels for intervention	Key intervention elements	Cross site study or paper interest	Interest in making intervention cult. app.	Data share plan	Data share session
Ralph J. DiClemente, Ph.D. HIV Prevention Maintenance for African American Teens	No, Expect 9/04	None	Yes	No	Baseline 6 months 12 months 18 months	350	0	Yes	100% minority 100% female	Yes	Yes	Yes	No	No	Individual	Addressing risk perception; Goal setting & tracking Building competency & behavior skills Enhancing motivation Fostering social support Modifying environments	Yes	Yes	No	Yes
Diane L. Elliot, M.D. Promoting Healthy Living: Assessing More Effects (PHLAMES)	Yes	Yes	Yes	Yes	Baseline 12 months 24 months 36 months	2,600	164	Yes	40% minority 6% females	Yes	No	Yes	No answer	No	Individual Family Organization Environ. Team/shift at fire stations	Fostering social support Peer norms Social support/disclosure Direct feedback	Yes	No	Yes	No
Robert H. Friedman, M.D. Trial of 2 TeleComputer Diet Change Maintenance Programs	No	No	Yes	No	Baseline 6 months 12 months 18 months	1,426	0	N/A	50% minority 50% female	N/A	Yes	No	No	No	Individual	Goal setting Goal systems theory	Yes	Yes	No	Yes

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Amy A. Gorin, Ph.D. Project Light (Lifestyle Intervention to Get Healthy Together)	Yes	Not yet	Yes	No	Baseline 6 mons 12 mons 18 mons	80 - 160	0	Yes	25% minority 70% female	No, have not started	Yes	NO	No	No	Individual Family Environ.	Goal setting & tracking progress Building competency & behavior skills Enhancing motivation Fostering social support Modifying environment	Yes	Yes	No	Maybe
Susan L. Hughes, DSW Maintenance of Exercise Adherence Among Older Adults with Osteoarthritis	Yes	Yes	Possibly	Yes	Baseline 6 months 9 months 12 months 15 months 18 months 21 months 24 months	200	70	No	61.4% minority 84.3% female	Yes	Yes	Yes	Yes	Yes	Individual	Goal setting & tracking progress Building competency & behavioral skills Enhancing motivations	Yes	Yes	No	Yes
Joel D. Killen, Ph.D. Behavioral Maintenance Treatment for Smoking Cessation	Yes	No	No	Yes	Baseline 6 weeks 12 months	150 - 170	76	Yes	28% minority 50% females	No	No	No	No	Yes	Individual	Goal setting & tracking progress Building competency & behavioral skills Enhancing motivations Modifying environment Psychopharmacology	Yes	Yes	No. will happen naturally once collaborators IDed	No

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Kimberly C. Kirby, Ph.D. Behavioral Model for Maintenance of Drug Abstinence	Yes	Yes	No	Yes	Baseline Quarterly	3	0	No	N/A	N/A	No	Yes	No	Yes	Individual	Enhancing motivations	Yes	Yes	Yes	Yes
Robert C. Klesges, Ph.D. Prolonged Smoking Cessation Using Prescriptive Step Care	No 9/04	No	Yes	No 4/05	Baseline 24 months	150	0	N/A	15% minority 50% female	N/A	No	No	No, not at this time	Yes	Individual	Goal setting & tracking progress Building competency & behavioral skills Enhancing motivations Modifying environments Pharmacologic Rx	Yes	No	Yes	No
<u>Sandra C. Lapham, M.D., MPH</u> BHRC Project Driving and Substance Abuse	No 9/04	Yes	Yes	No Nov.	15 year follow-up	230	0	N/A	50% minority 60% female	N/A	No	No		N/A	N/A	N/A	N/A	N/A	Yes	Yes
<u>Michael R. Lowe, Ph.D.</u> Weight Loss Maintenance in Primary Care	Yes	No	Yes	No	Baseline 6 months 12 months 24 months 36 months	30	0	N/A	60% minority 50% female	N/A	Yes	No	No	Yes	Individual Environ.	Building competency & behavioral skills Modifying environments	Yes	Yes	No	Yes

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<u>Brian C. Martinson, Ph.D.</u> Keep Active Minnesota	Yes	No	No	Yes	Baseline 3 months 6 months 12 months 24 months	90	0	N/A	N/A	N/A	Yes	Yes	Yes	Yes	Individual	Goal setting & tracking progress Building competency & behavioral skills Enhancing motivators Fostering social support	Maybe	Yes	No	No
<u>James McKay, Ph.D.</u> Effectiveness of Extended Telephone Monitoring	Yes	Yes	Yes	Yes	Baseline 3, 6, 9, 12, 15, 18, 21, 24 months	300	6	No	75% minority 50% female	Yes	Yes	No	No	Yes	Individual Family Community	Addressing risk perception Goal setting & tracking progress Building competency & behavioral skills Enhancing motivations Fostering social support	Yes	Yes	No	No

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<u>Barbara K. Rimer, Dr.PH</u> Finding the M.I.N.C. for Mammography Maintenance	Yes	Yes	Yes	No Sept	Baseline 12 months 24 months 36 months 42 months	3,545	0	N/A	22% African American 5% Hispanic/Latina 100% female	N/A	Yes	No	Not yet	No	Individual Organization	Addressing risk perception Goal setting & tracking progress Building competency & behavioral skills Enhancing motivations Fostering social support	Yes	Yes	No	No
<u>John M. Roll, Ph.D.</u> Contingency Management: Duration Effect	No 8/04	Yes	Yes	No Sept	Baseline 6 months 8 months 10 months 12 months	72 (6-months)	0	Yes	35% minority 40% female	N/A	No	No	Yes	Yes	Environ.	Modifying environments	Yes	No	No	No
<u>John M. Roll, Ph.D.</u> Persistence of Behavior Change: Reinforcement Schedule Effects	No Aug	Yes	Yes	No Sept	Baseline 6 months 8 months 10 months 12 months	72 (6-months)	0	Yes	35% minority 40% female	N/A	No	No	Yes	Yes	Environ.	Modifying environments	Yes	No	No	No
<u>Deborah J. Toobert, Ph..D.</u> Enhancing Support for Women at Risk for Coronary Heart Disease: Mediterranean Lifestyle Program	Yes	No	Yes	Yes	36, 48, 69, 72 & 84 months post treatment	237	146	Yes	10% minority 100% female	Yes	Yes	No	Yes	Yes	Individual	Goal setting Building competency & behavioral skills Fostering social support	Yes	Yes	No	Yes

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<u>Geoffrey Williams, M.D., Ph.D.</u> Self Determination and Tobacco Abstinence	Yes	No	Yes	Yes	Baseline 2, 4, 12, 24 months. 32 month FU of BCC study	200-300	0	Yes	22% minority 60% females	Yes	Yes	Yes	No	Yes	Individual Family	Addressing risk perception Building competency & behavioral skills Enhancing motivations Fostering social support Modifying environments	Yes	Yes	No	Yes
<u>Paul T. Williams, Ph.D.</u> Long-Term Exercise Maintenance via Internet Support	Partial 9/24	No	Yes	No Oct		16,000 runners & walkers	N/A	Yes	N/A	N/A	Yes	No	N/A	Yes	Individual	Addressing risk perception Goal setting and tracking progress Enhancing motivations Fostering social support	Yes	Yes	No	Yes
<u>Rena R. Wing, Ph.D.</u> Long-Term Weight Loss Maintenance	Yes	No	No	No Aug	Baseline	75 cases & controls	10	Too early to know	20% minority 60% female	Too early to know	Yes	No	No	N/A	N/A	N/A	No	No	No	No