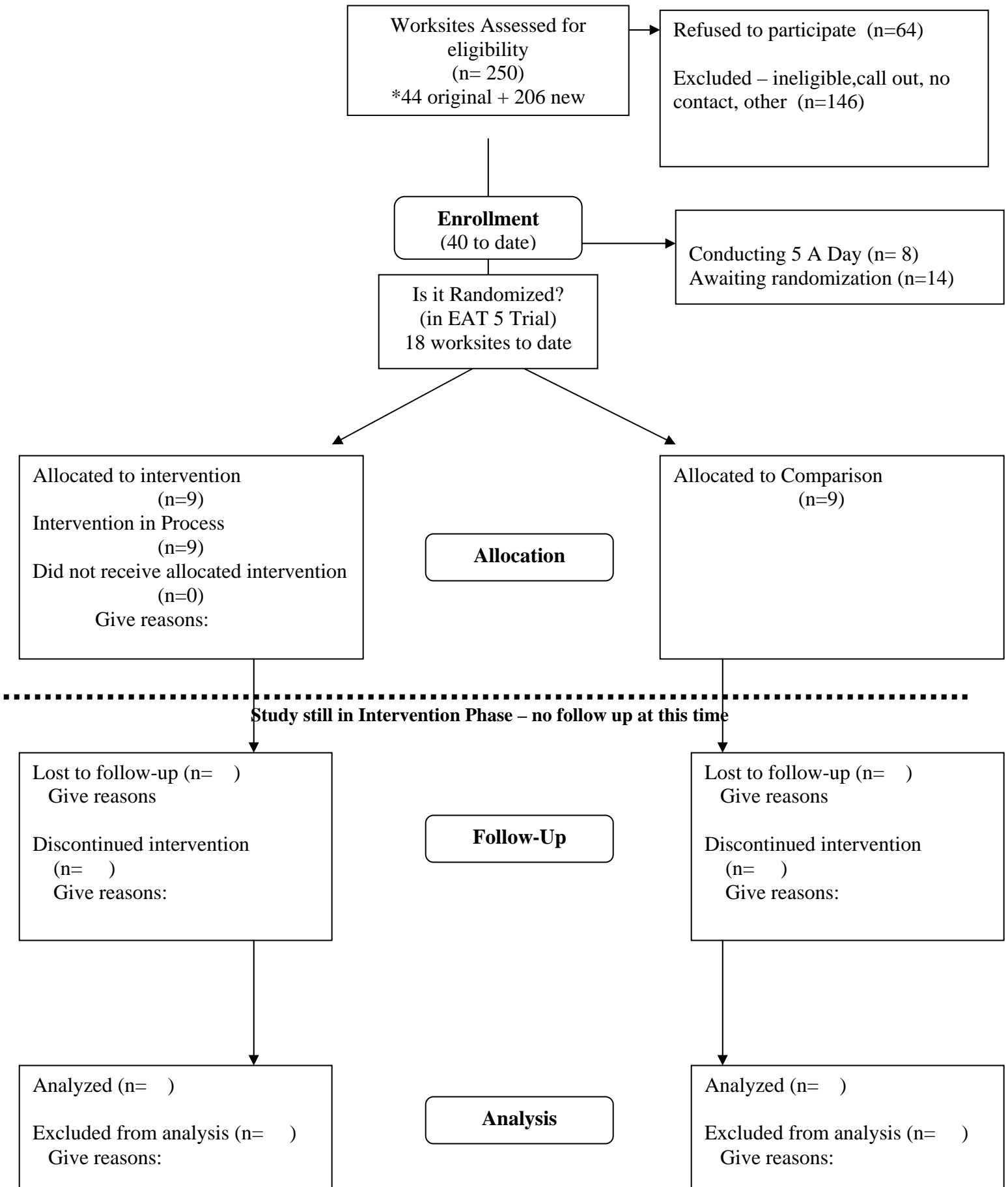




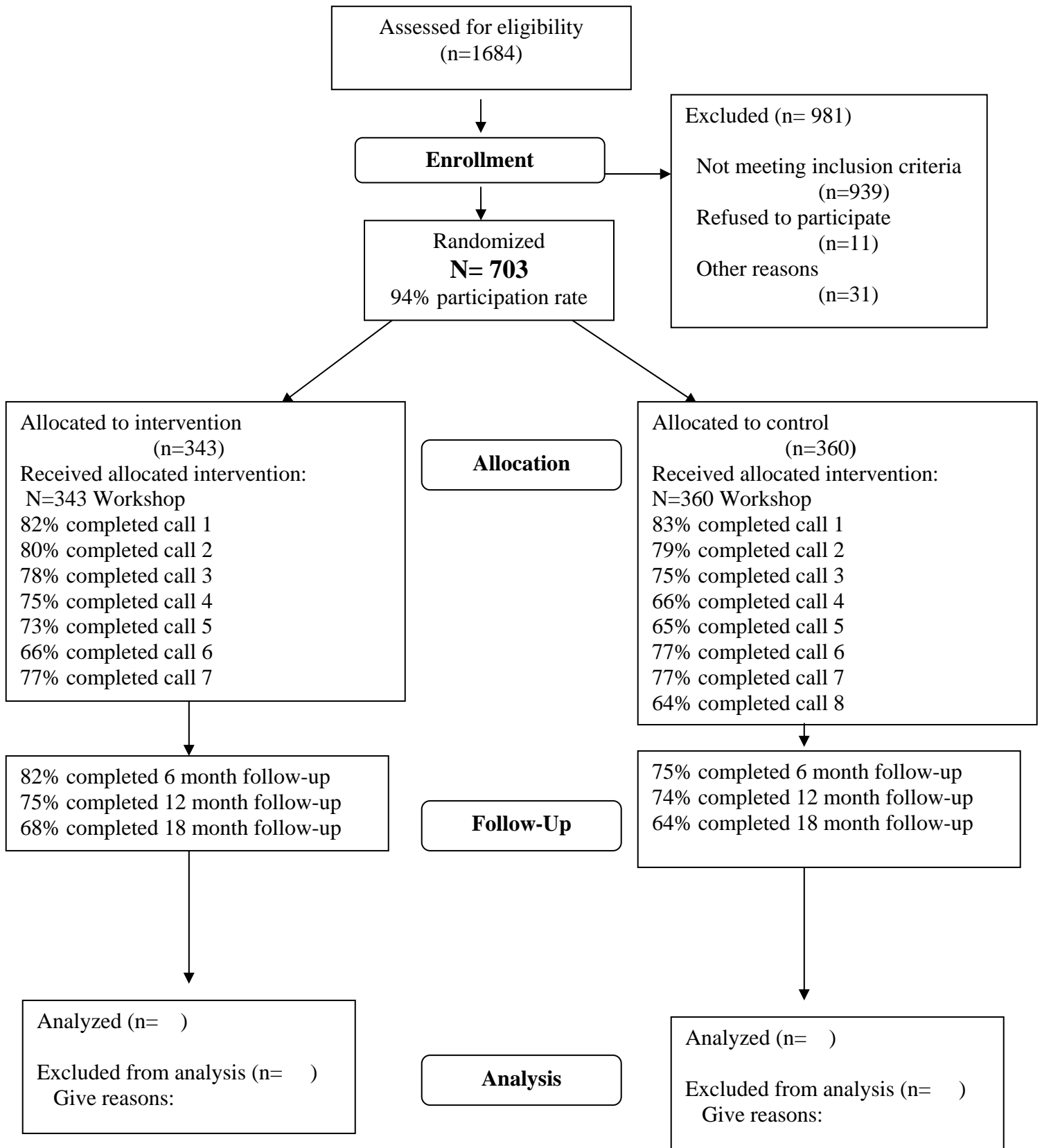
## **Health Maintenance Consortium Consort Diagrams Through August 31, 2007**

- Enhancing Long-Term 5 A Day Behavior Change in Worksites – Beresford
- HIV Prevention Maintenance for African American Teens – DiClemente
- Promoting Healthy Living: Assessing More Effects (PHLAME II) - Elliot
- Trial of 2 Telecomputer Diet Change Maintenance Programs - Friedman
- Ecological Model for Long-term Weight Control – Gorin
- Maintenance of Exercise Adherence Among Older Adults with Osteoarthritis - Hughes
- Behavioral Maintenance Treatment for Smoking Cessation – Killen
- A Behavioral Model for Maintenance of Drug Abstinence – Kirby
- Prolonged Smoking Cessation Using Prescriptive Step Care – Klesges
- BHRC Project Driving and Substance Abuse – Lapham
- Weight Loss Maintenance in Primary Care – Lowe
- Maintaining Physical Activity in Older Adult MCO Members – Martinson
- Effectiveness of Extended Telephone Monitoring – McKay
- Youth Suicide Prevention: Maintaining Long Term Change – Randell
- Finding the M.I.N.C. for Mammography Maintenance – Rimer
- Contingency Management: Duration Effects – Roll
- Persistence of Behavior Change: Reinforcement Schedule Effects – Roll
- Enhancing Support for Women at Risk of Coronary Heart Disease:  
Mediterranean Lifestyle Program – Toobert
- Self Determination and Tobacco Abstinence – Williams, G
- Long-Term Exercise Maintenance Via Internet Support – Williams, P
- Long-term Maintenance of Weight Loss – Wing

# HMC Consort Diagram Through 8/31/07 - Beresford Enhancing Long-Term 5 A Day Behavior Change in Worksites



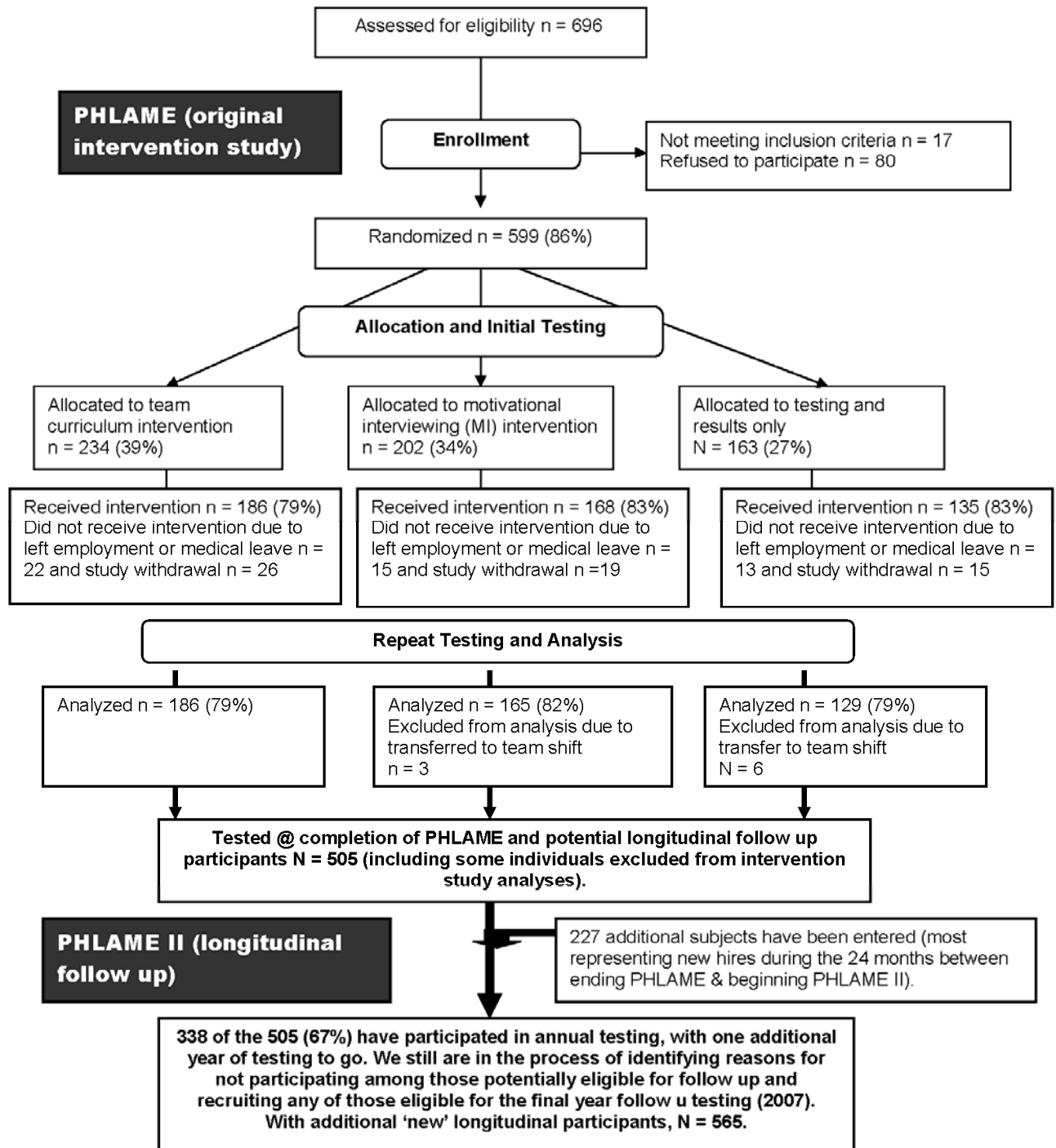
# HMC Consort Diagram Through 8/31/07 - DiClemente HIV Prevention Maintenance for African American Teens



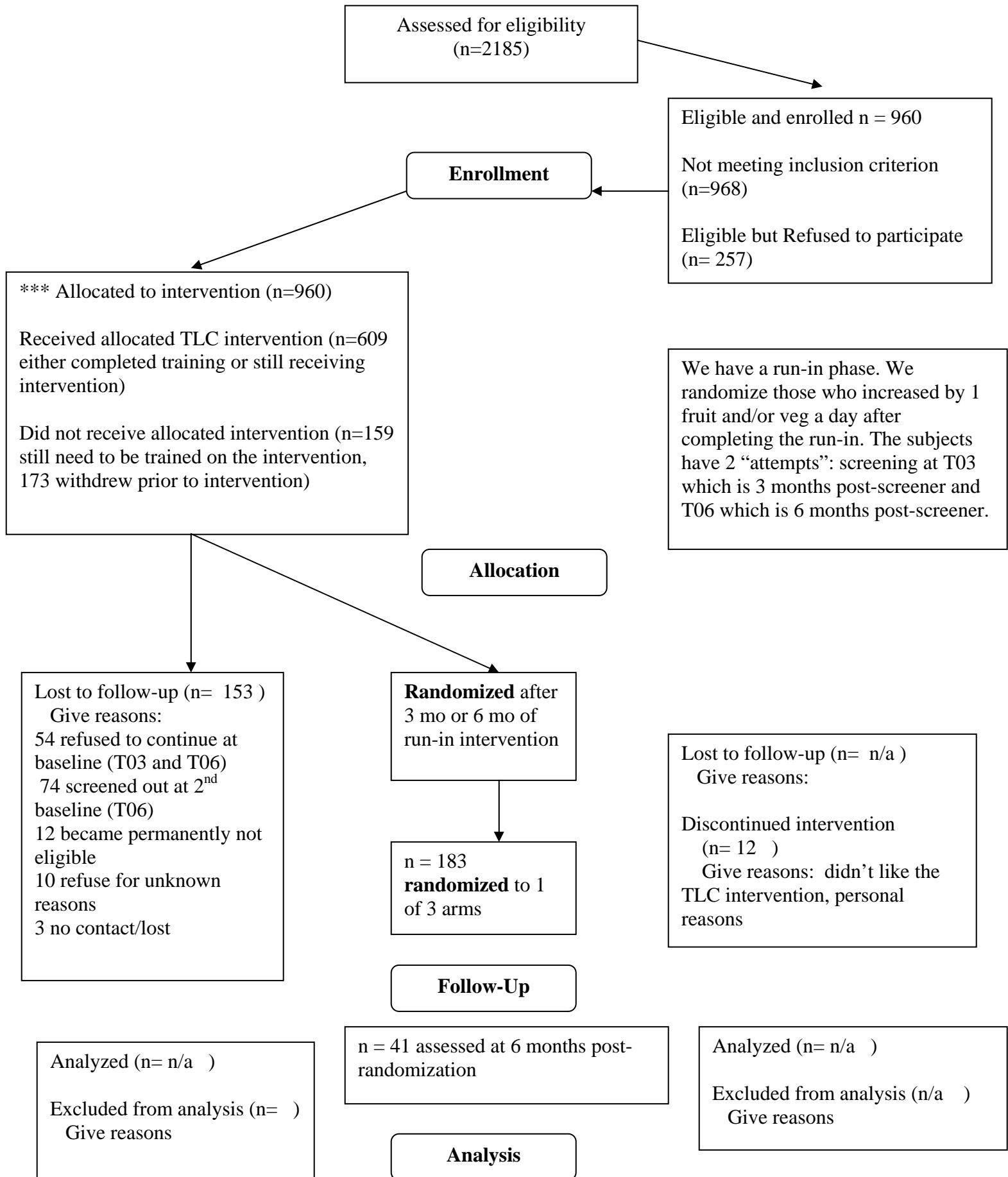
# HMC Consort Diagram Through 8/31/07 - Elliot

## Promoting Healthy Living: Assessing More Effects

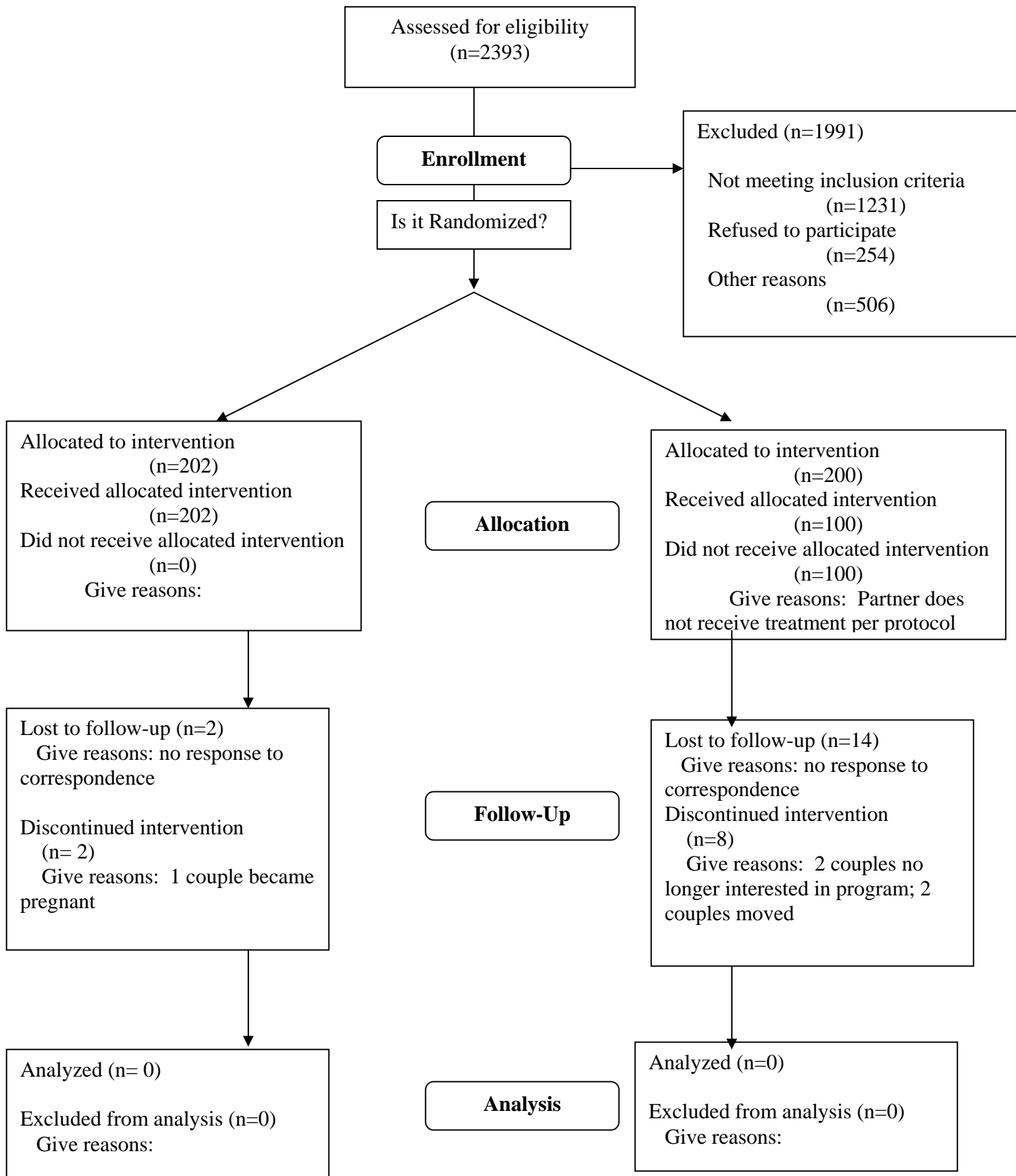
### (PHLAME II)



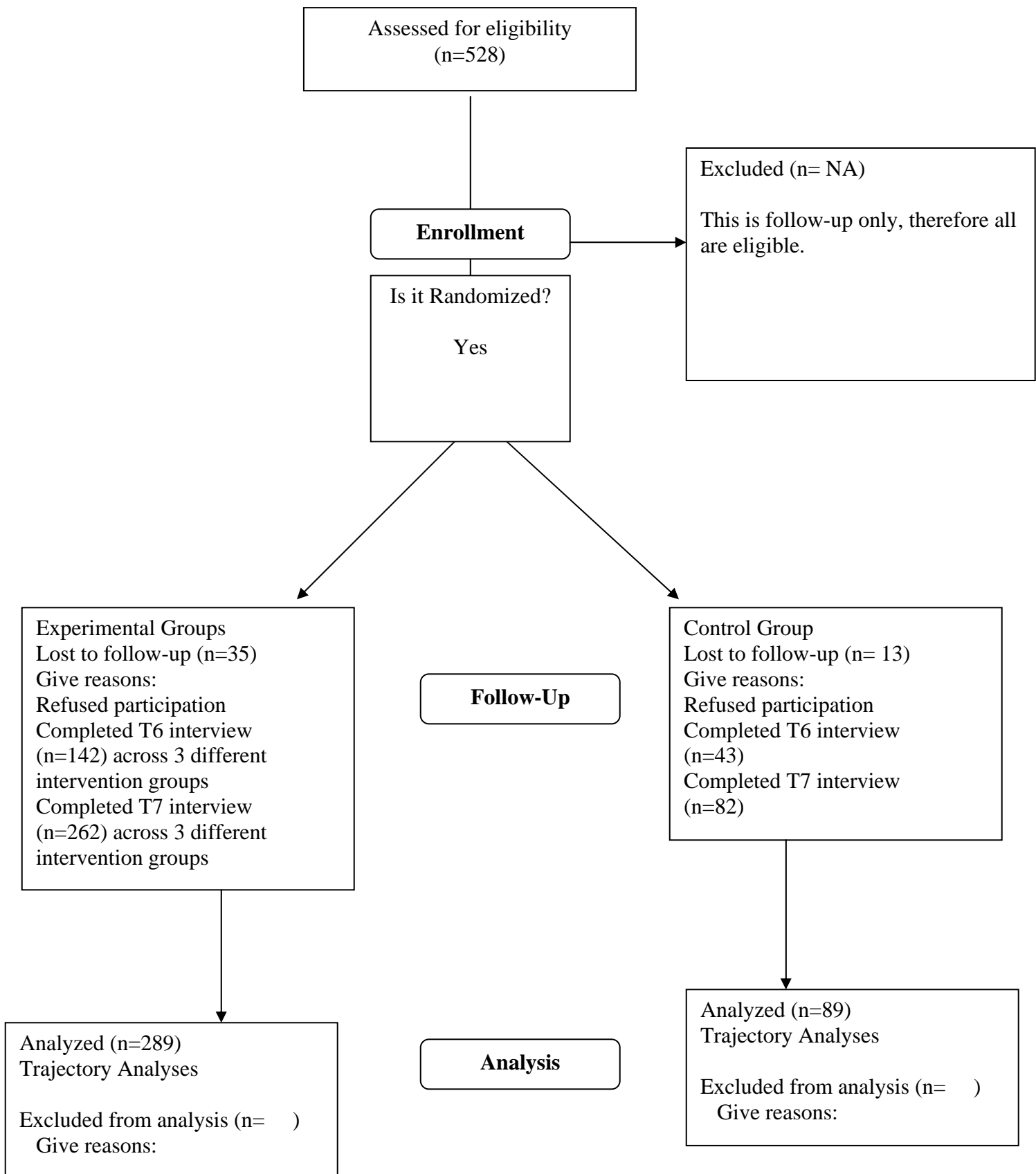
# HMC Consort Diagram Through 8/31/07 – Friedman Trial of 2 Telecomputer Diet Change Maintenance Programs



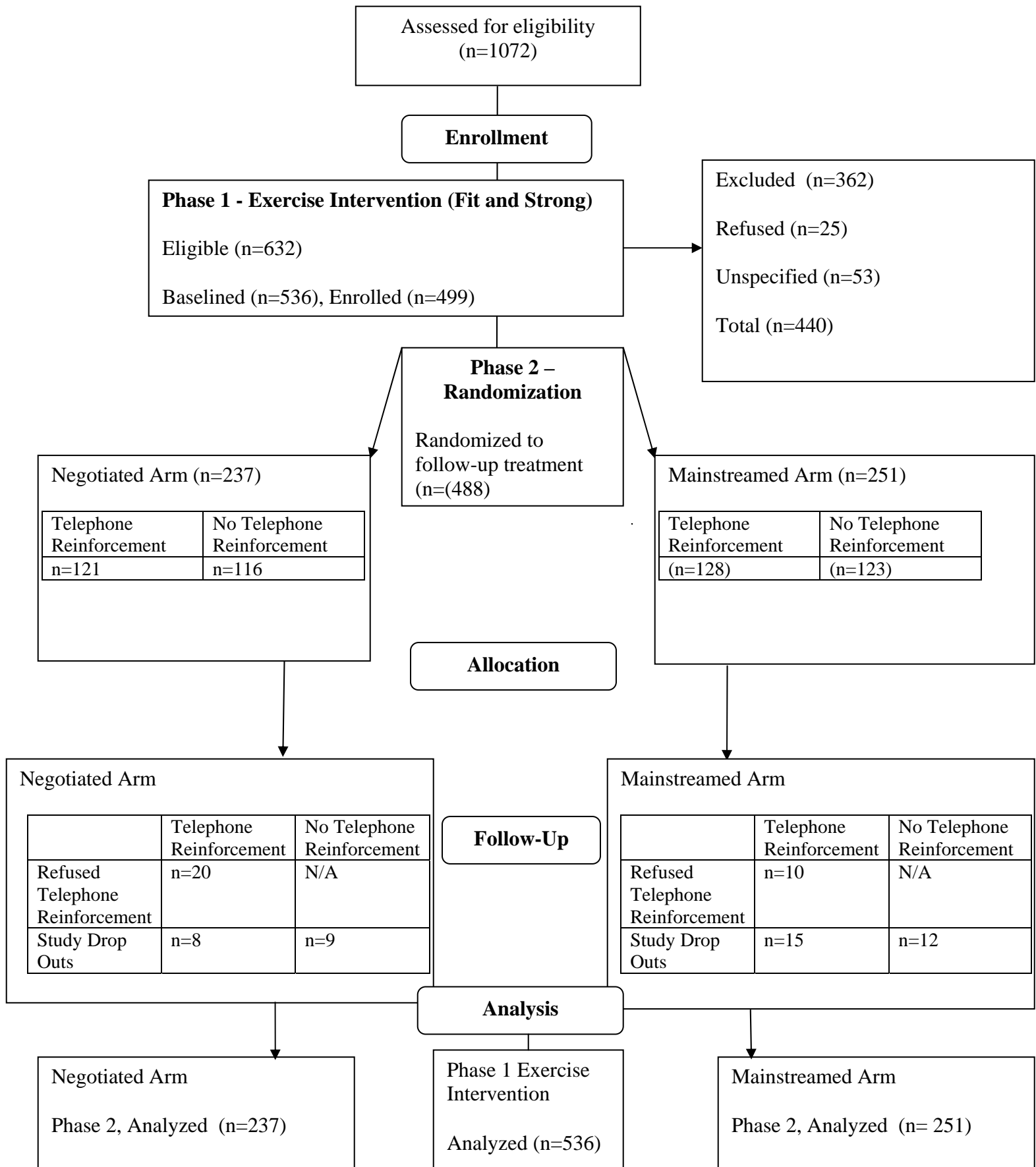
# HMC Consort Diagram Through 8/31/07 - Gorin Ecological Model for Long-term Weight Control



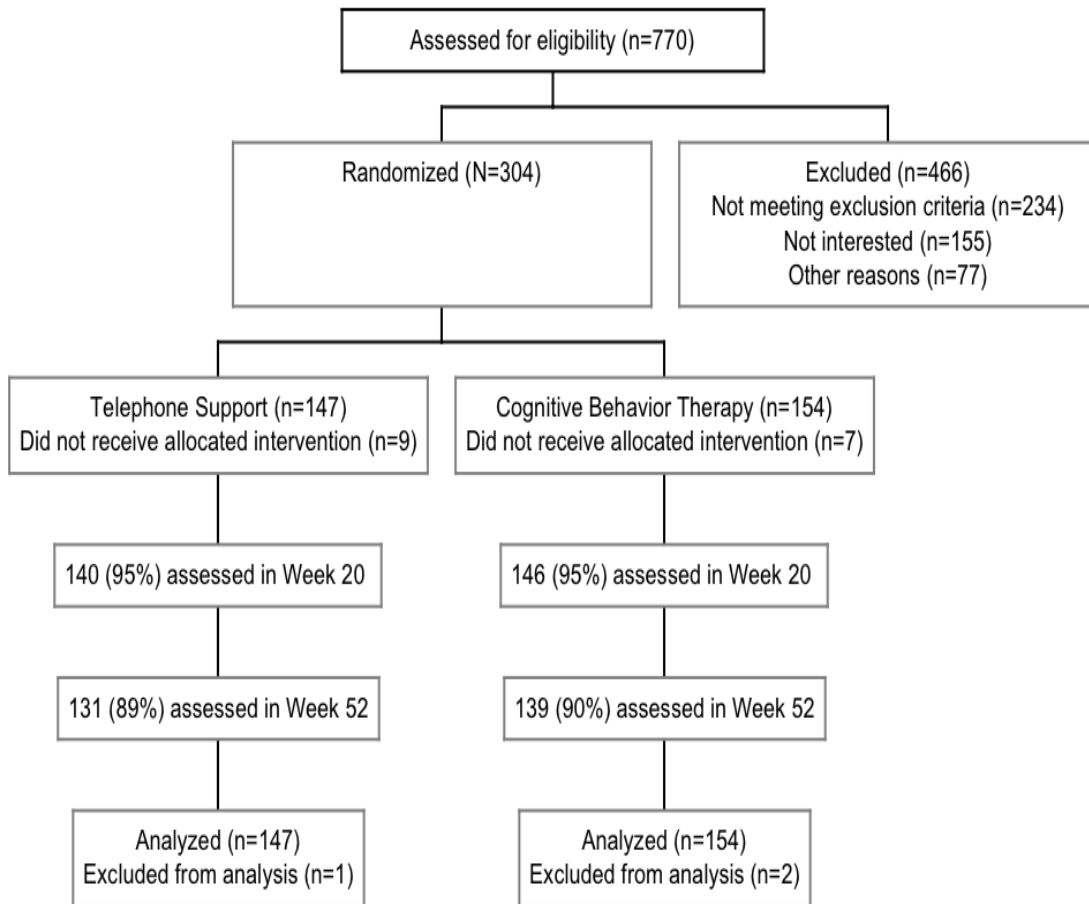
# HMC Consort Diagram Through 8/31/07 - Hooven Youth Suicide Prevention: Maintaining Long Term Change



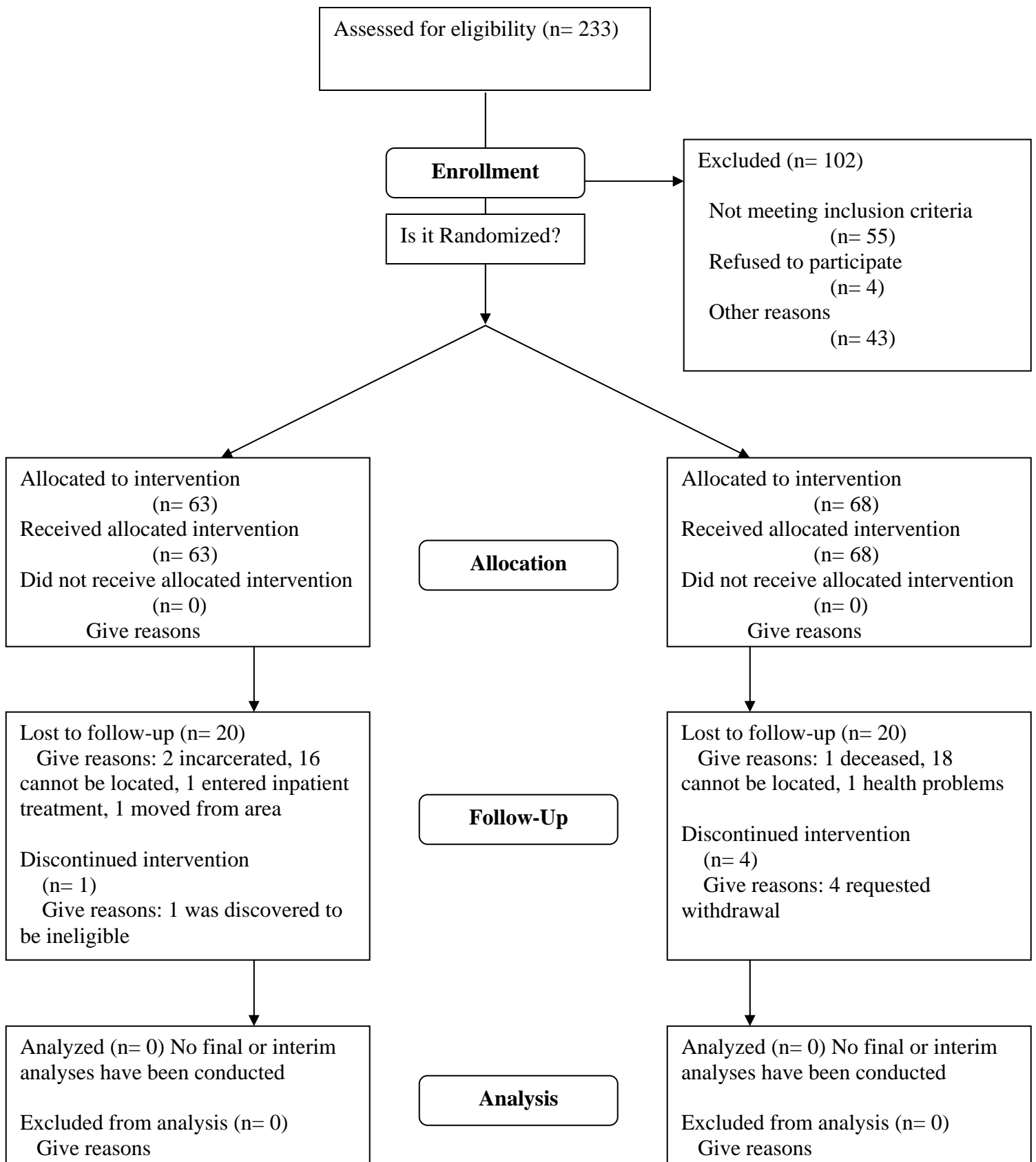
# HMC Consort Diagram Through 8/31/07 - Hughes Maintenance of Exercise Adherence Among Older Adults with Osteoarthritis



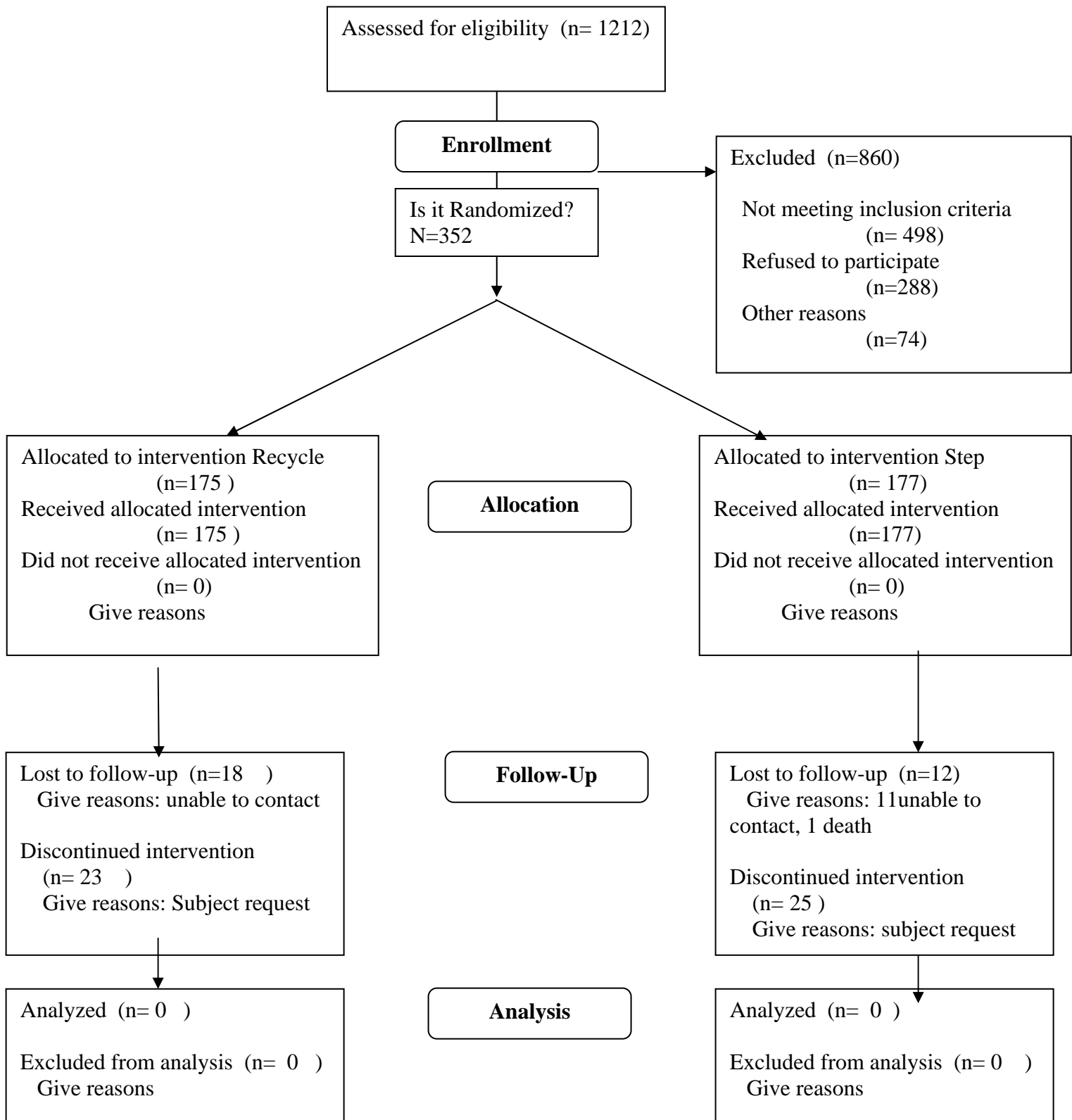
# HMC Consort Diagram Through 8/31/07 – Killen Behavioral Maintenance Treatment for Smoking Cessation



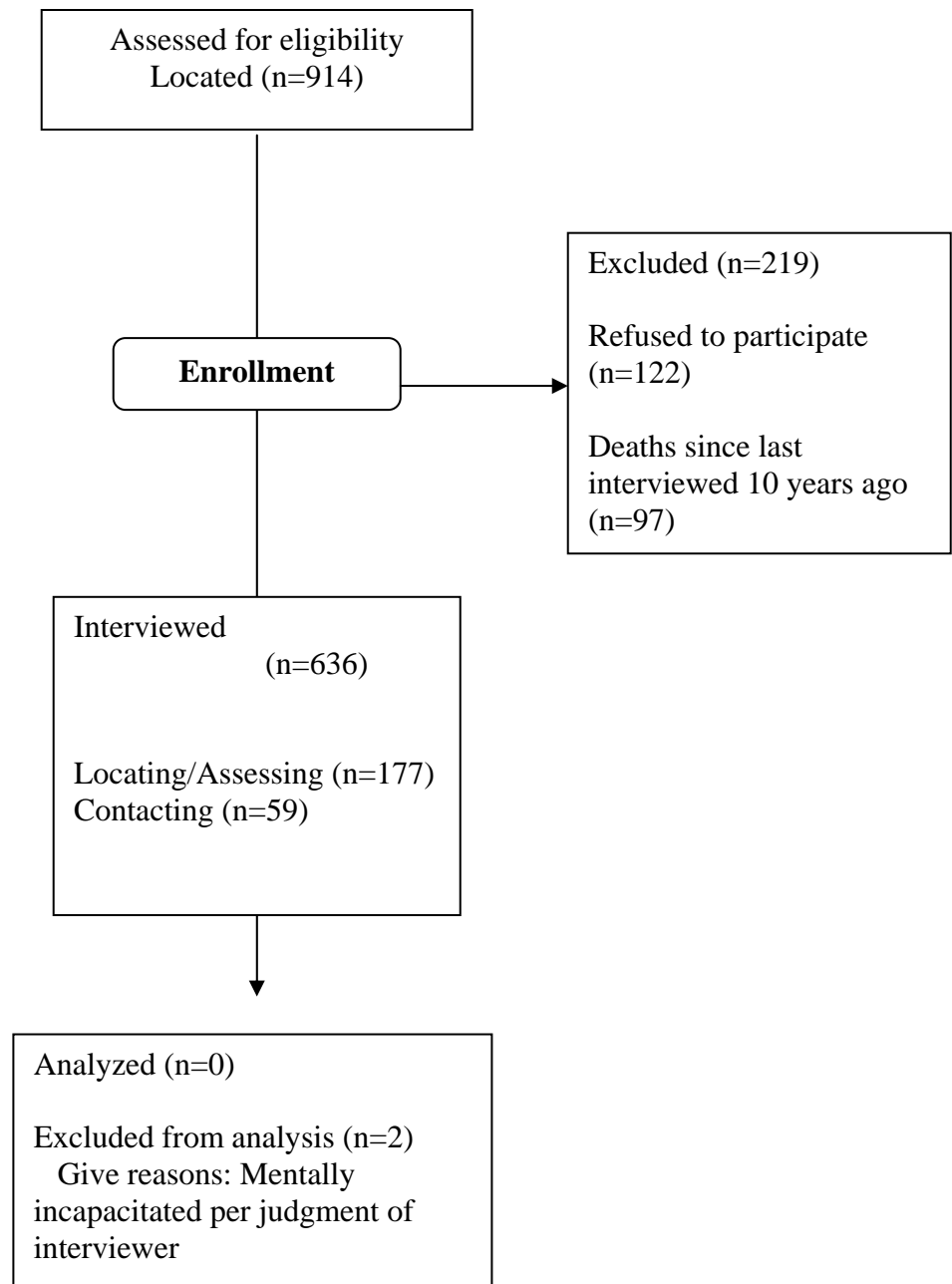
# HMC Consort Diagram Through 8/31/07 - Kirby A Behavioral Model for Maintenance of Drug Abstinence



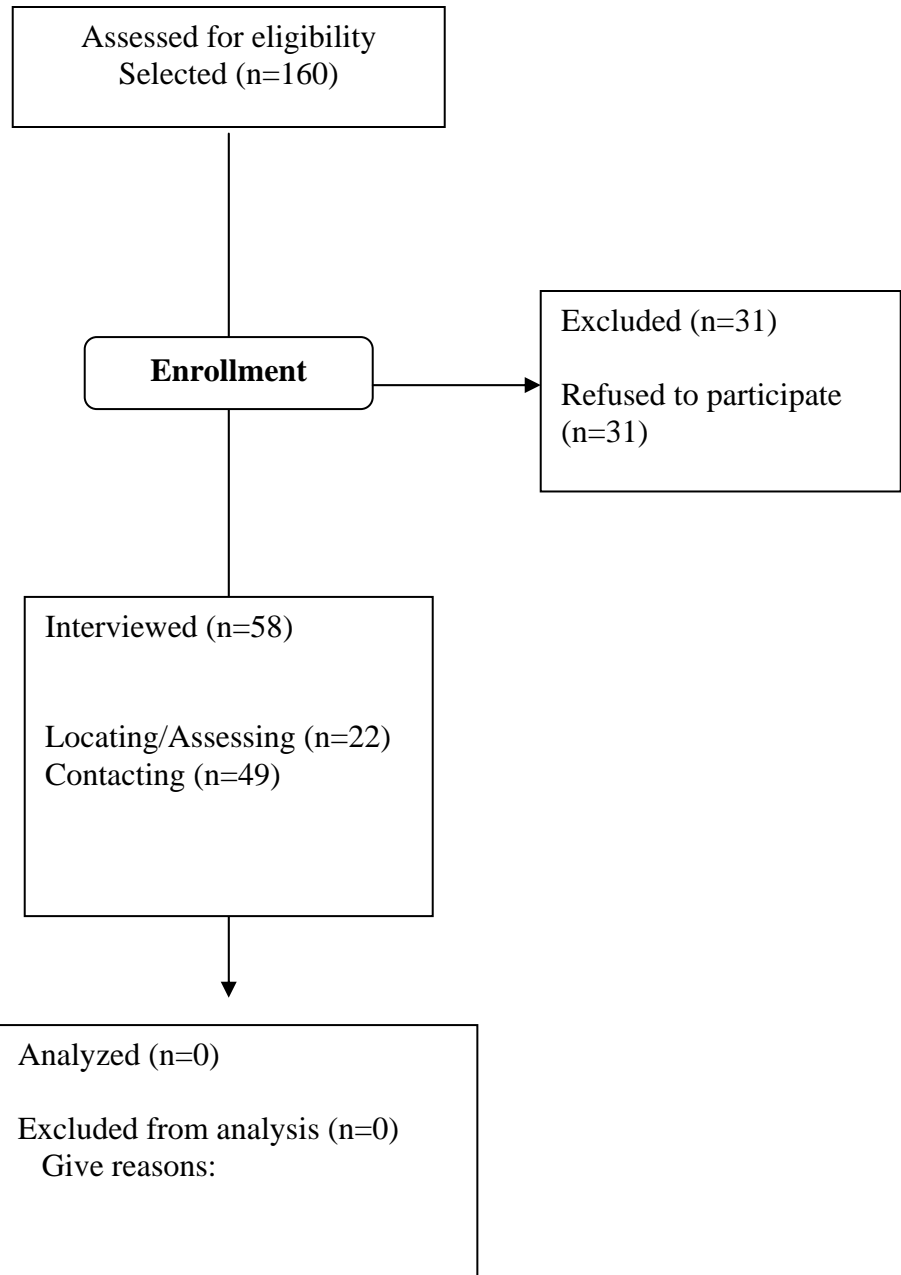
# HMC Consort Diagram Through 8/31/07 – Klesges Prolonged Smoking Cessation Using Prescriptive Step Care



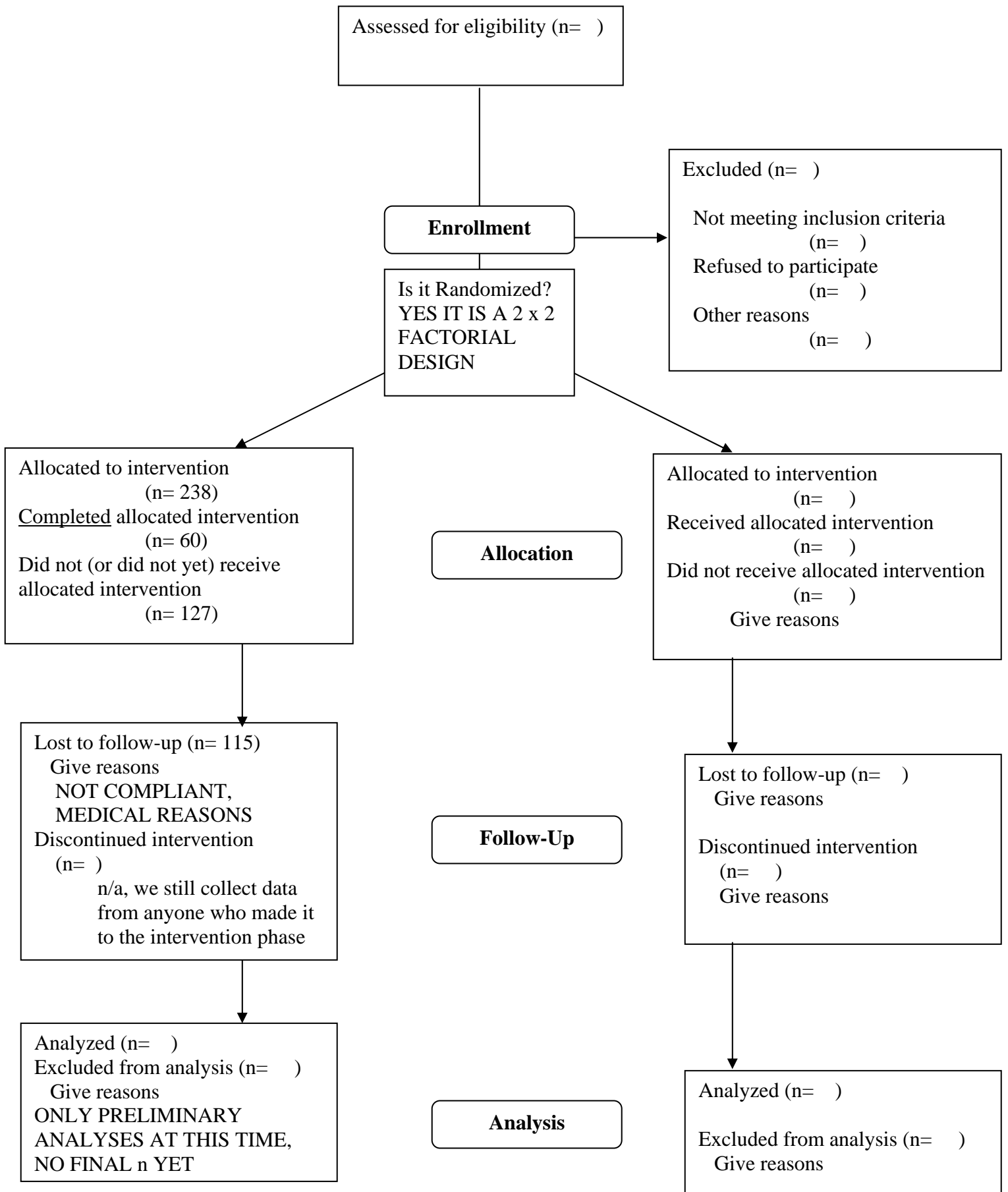
**HMC Consort Diagram Through 8/31/07 - Lapham**  
**PIRE/BHRCS Project: Driving and Substance Abuse**



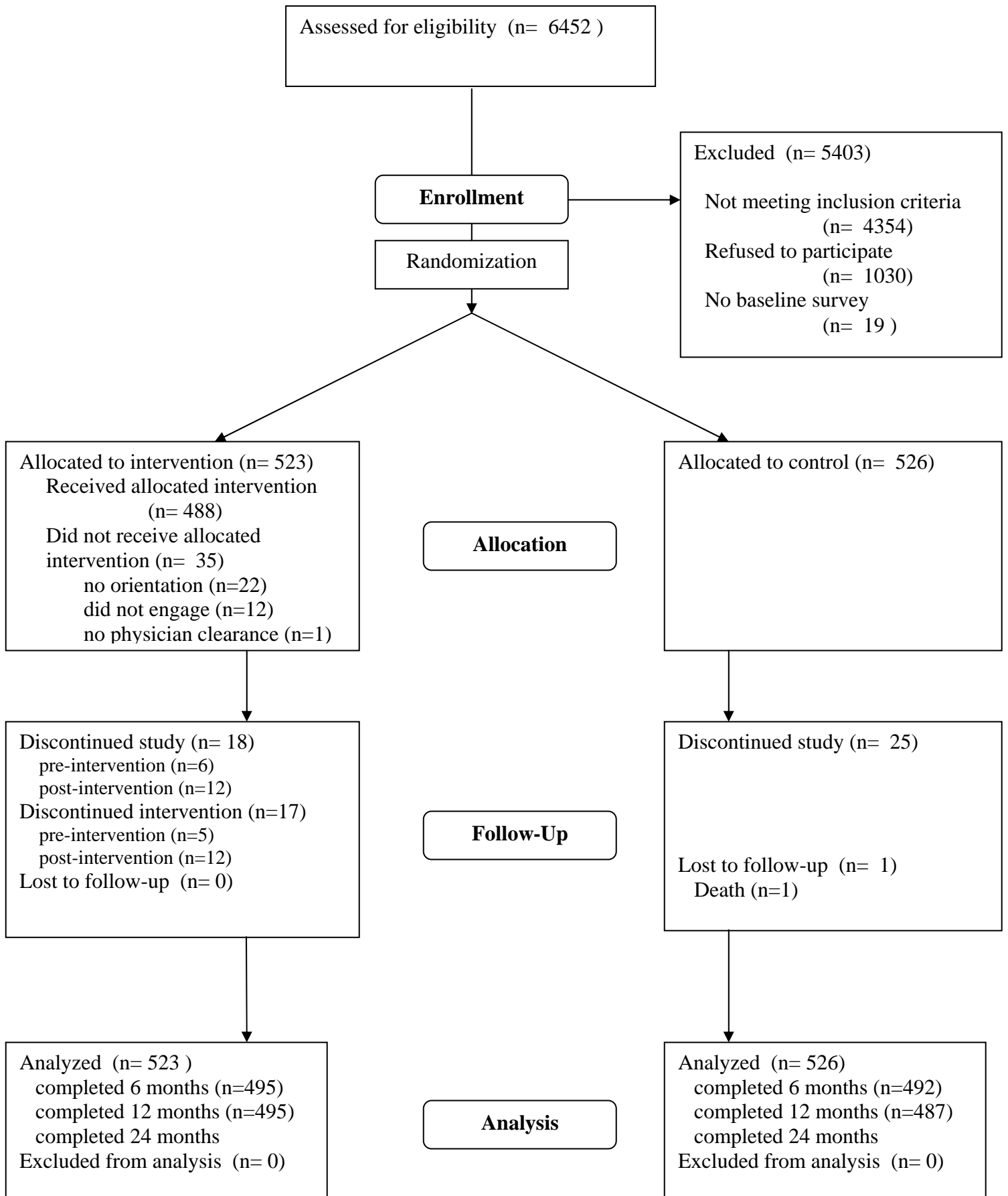
**HMC Consort Diagram Through 8/31/07 - Lapham**  
**PIRE/BHRCS Project: Driving and Substance Abuse**  
**Qualitative Interviews**



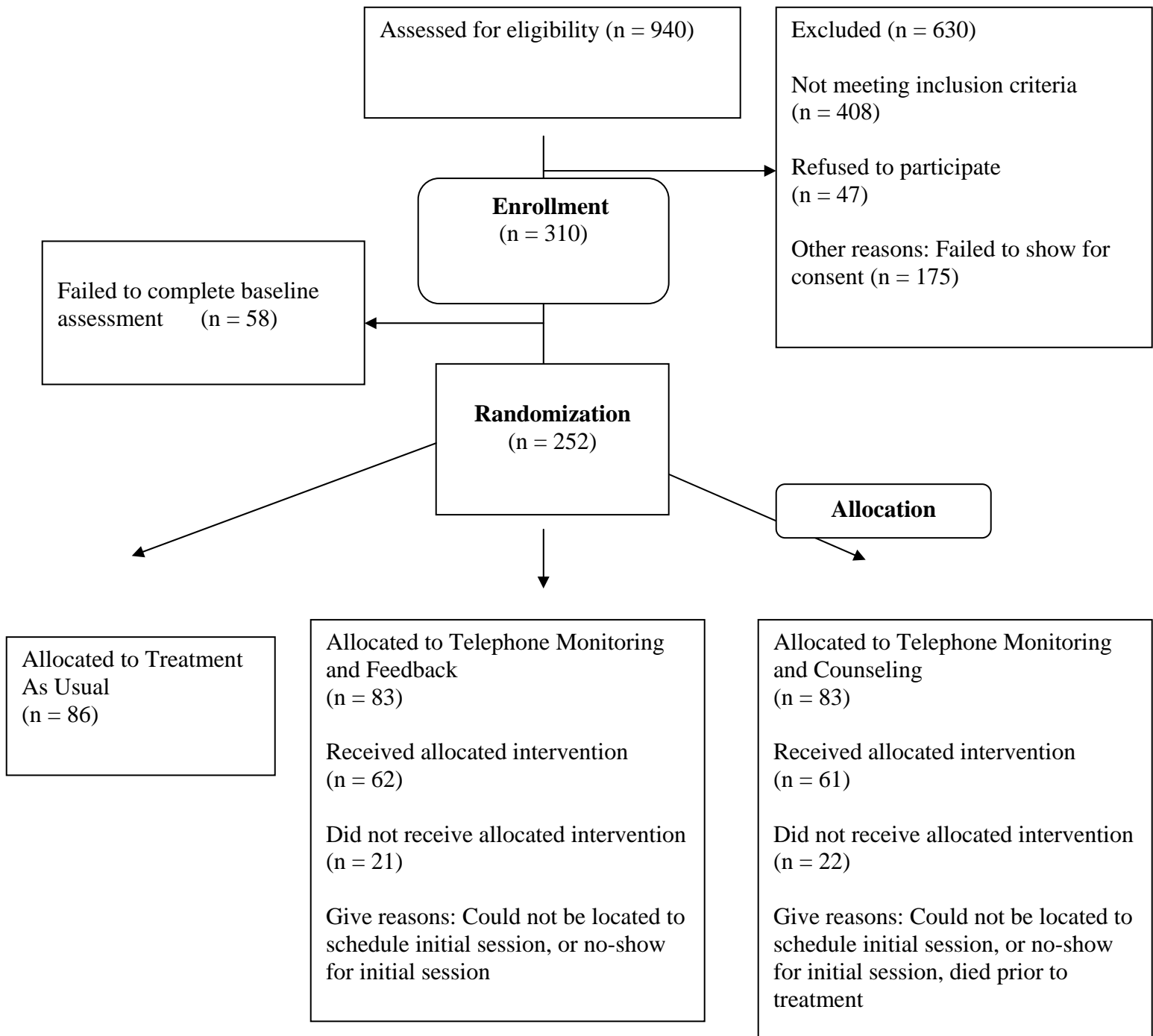
# HMC Consort Diagram Through 8/31/07 - Lowe Weight Loss Maintenance in Primary Care



**HMC Consort Diagram Through 8/31/07 - Martinson**  
**Maintaining Physical Activity in Older Adult MCO Members**

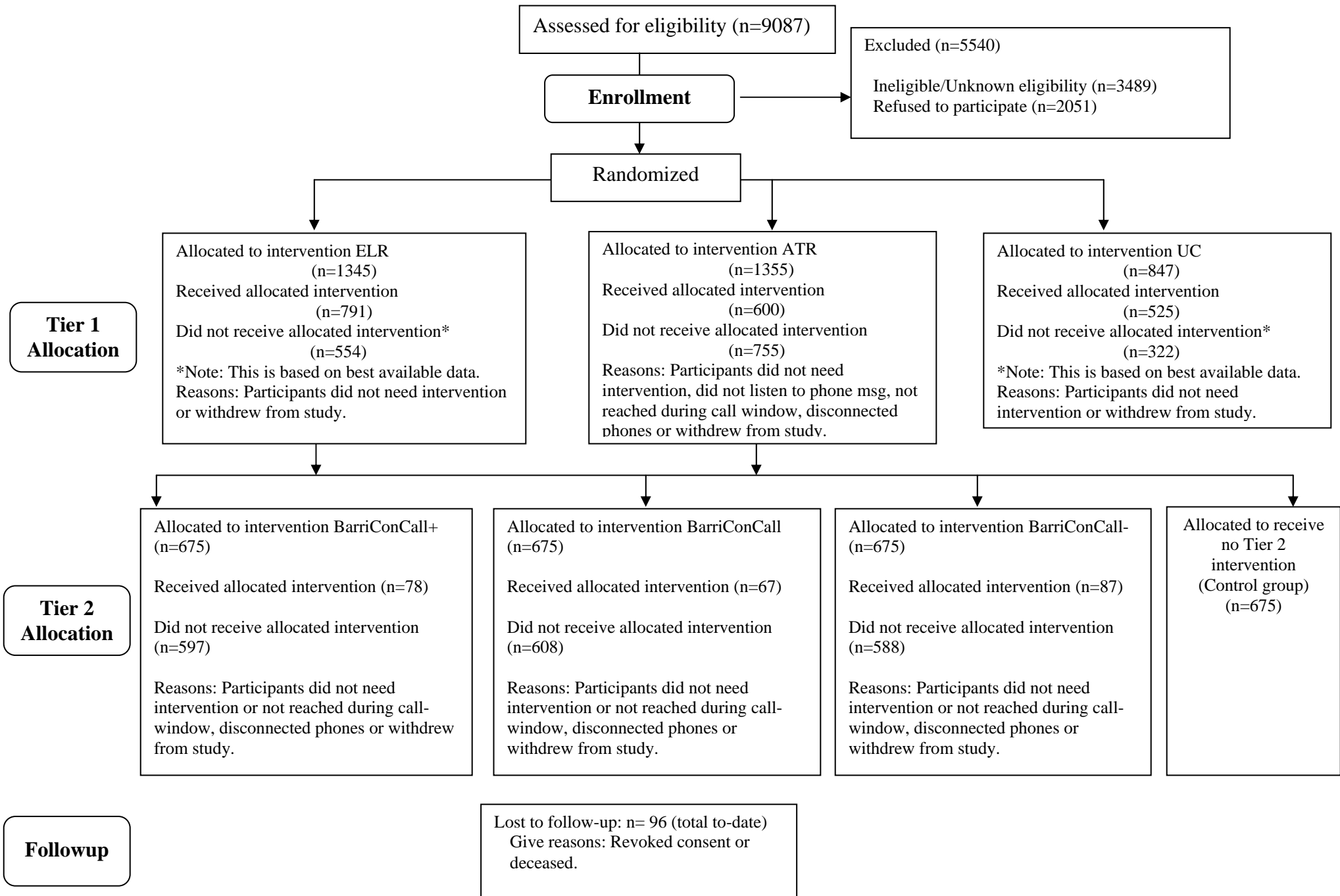


# HMC Consort Diagram Through 8/31/07 - McKay Effectiveness of Extended Telephone Monitoring



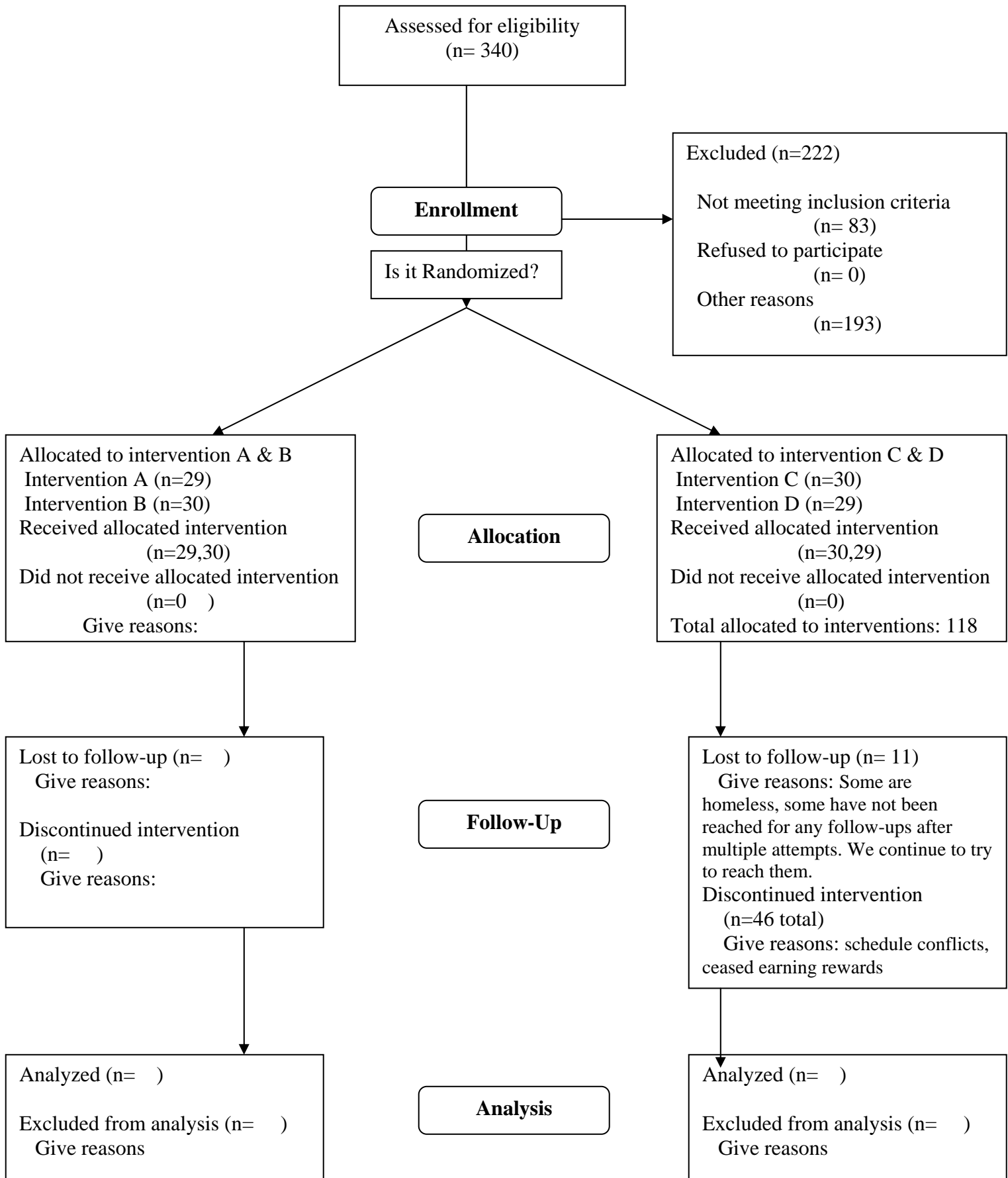
Minorities : 233 of 252  
Women : 89 of 252

# HMC Consort Diagram Through 8/31/07 - Rimer Finding the M.I.N.C. For Mammography Maintenance



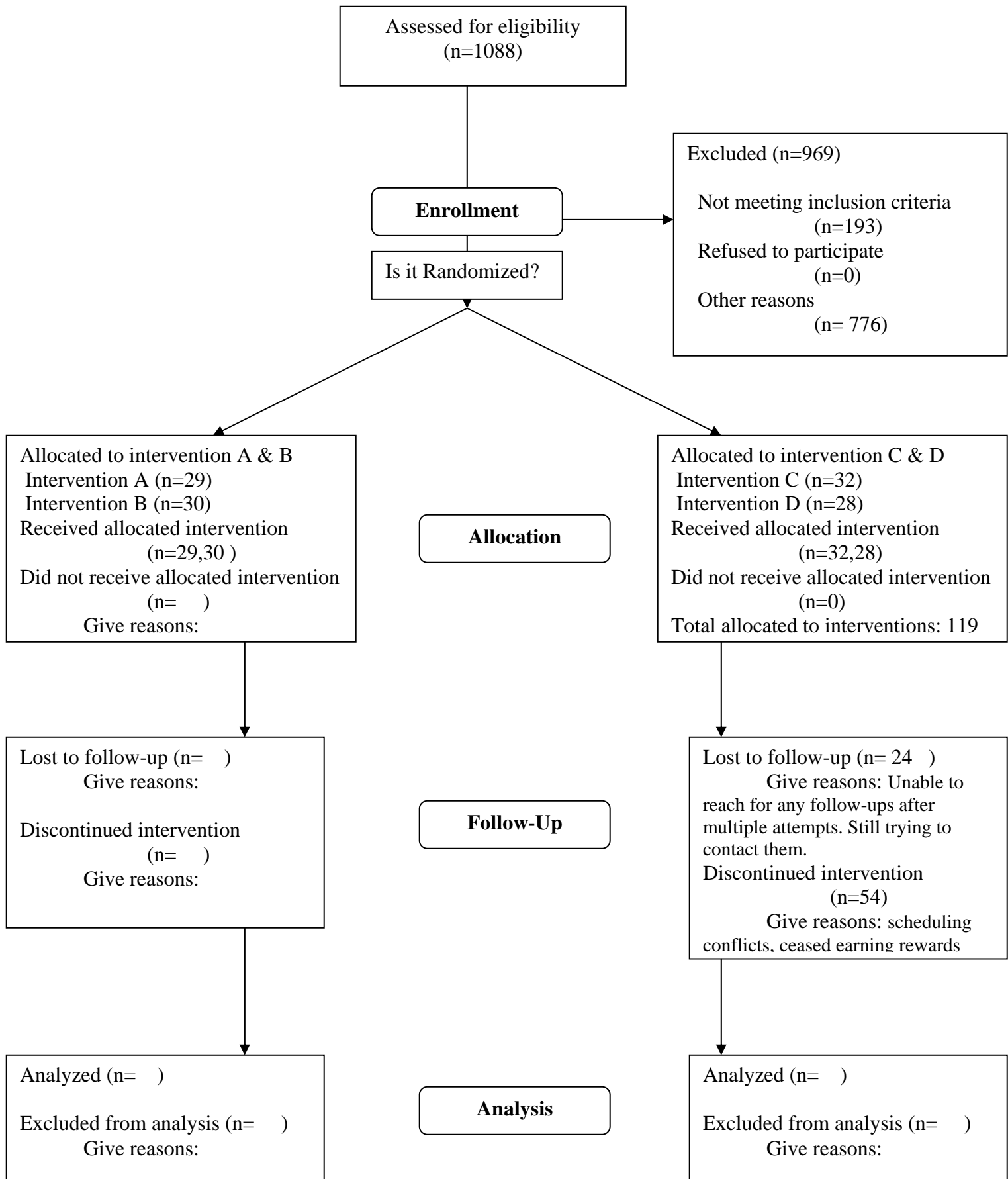
# HMC Consort Diagram Through 8/31/07- Roll

## Contingency Management: Duration Effects



# HMC Consort Diagram Through 8/31/07 – Roll

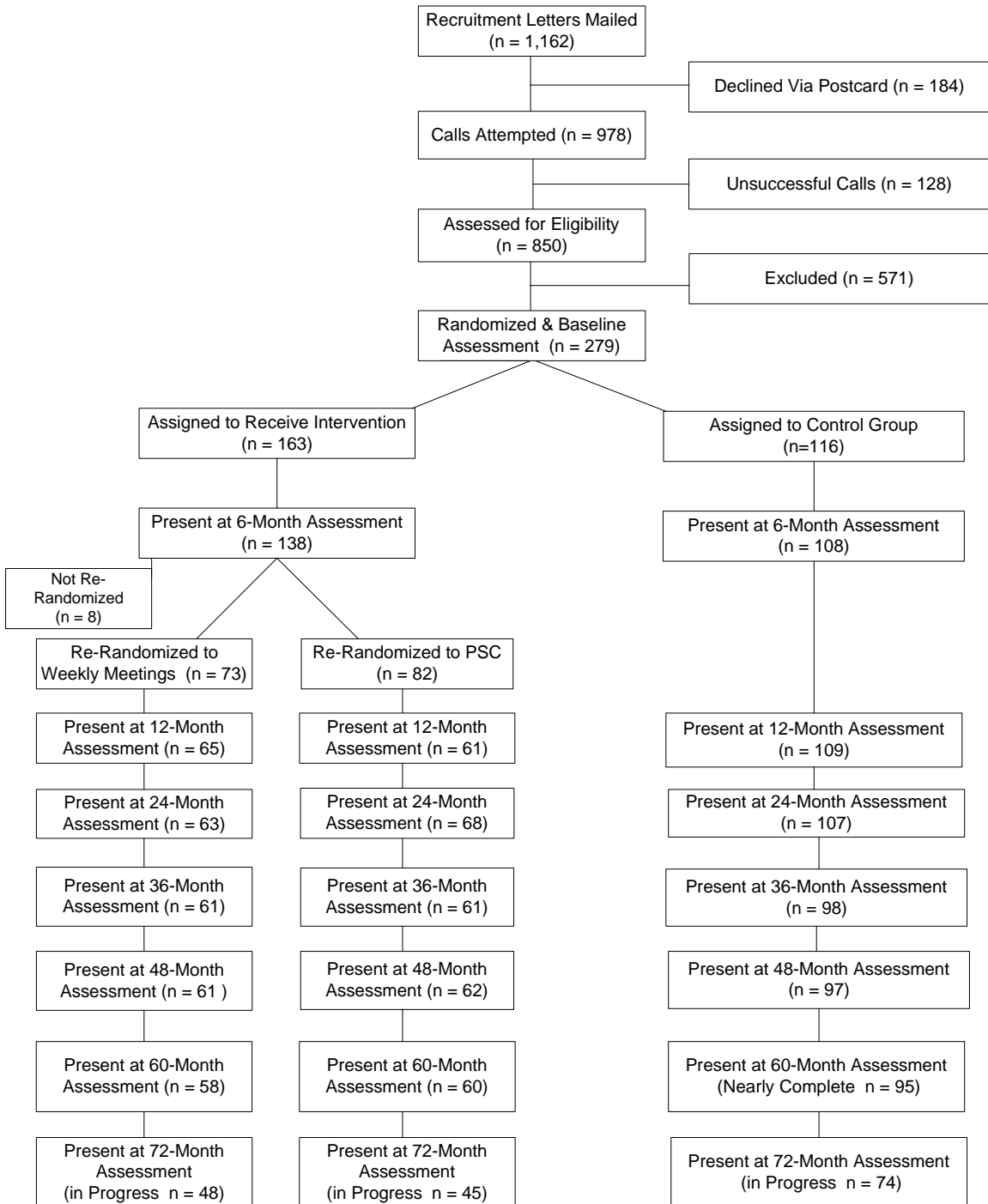
## Persistence of Behavior Change: Reinforcement Schedule Effects



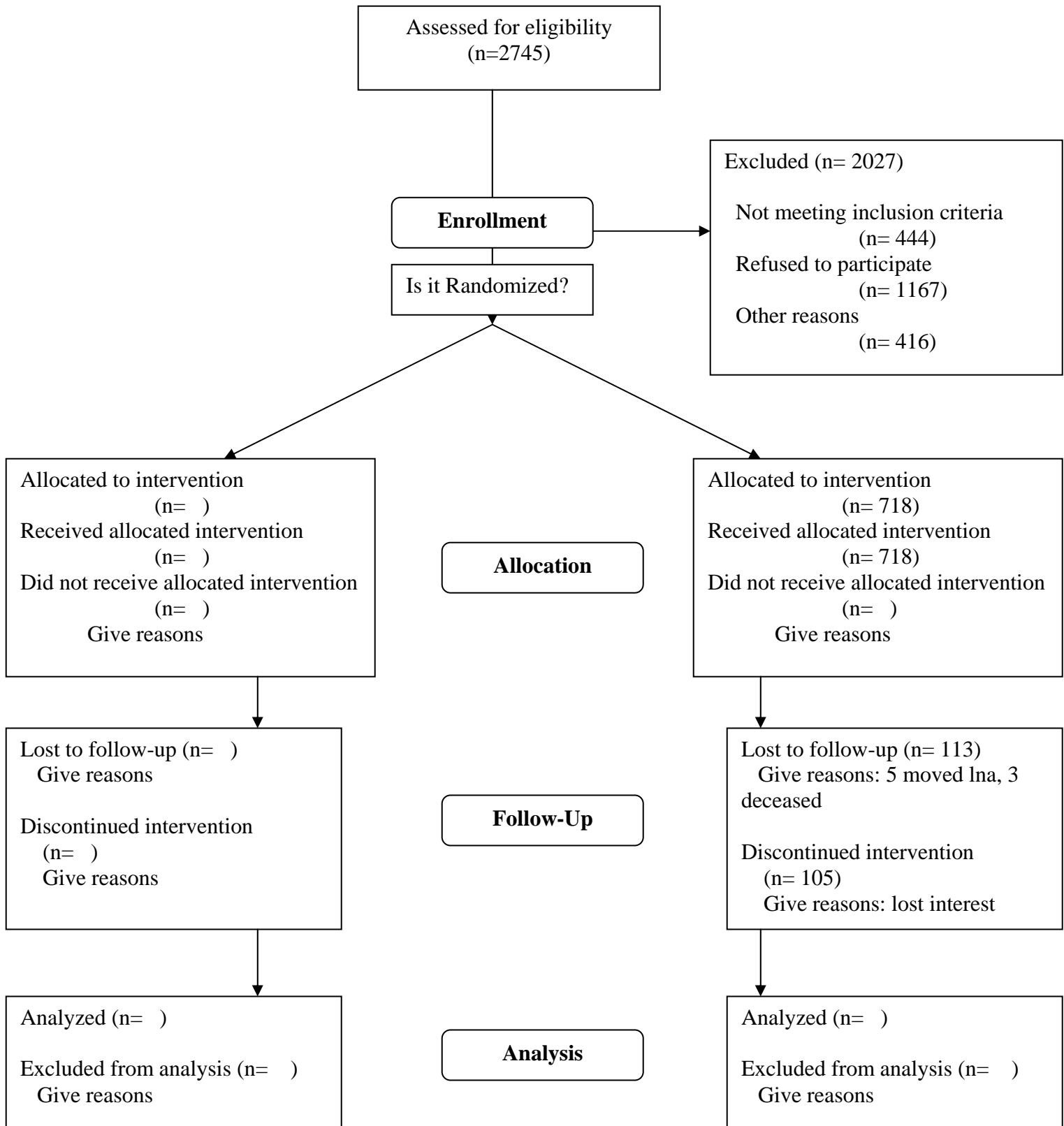
# HMC Consort Diagram Through 8/31/07 - Toobert Enhancing Support for Women at Risk of Coronary Heart Disease: The Mediterranean Lifestyle Program

CONSORT Figure for Mediterranean Lifestyle Program

Intervention Study Began Recruitment 5/00 & Concluded With 24-Month Assessments 2/03  
 Follow-up Study Began 11/03: 36 Months to 84 Months

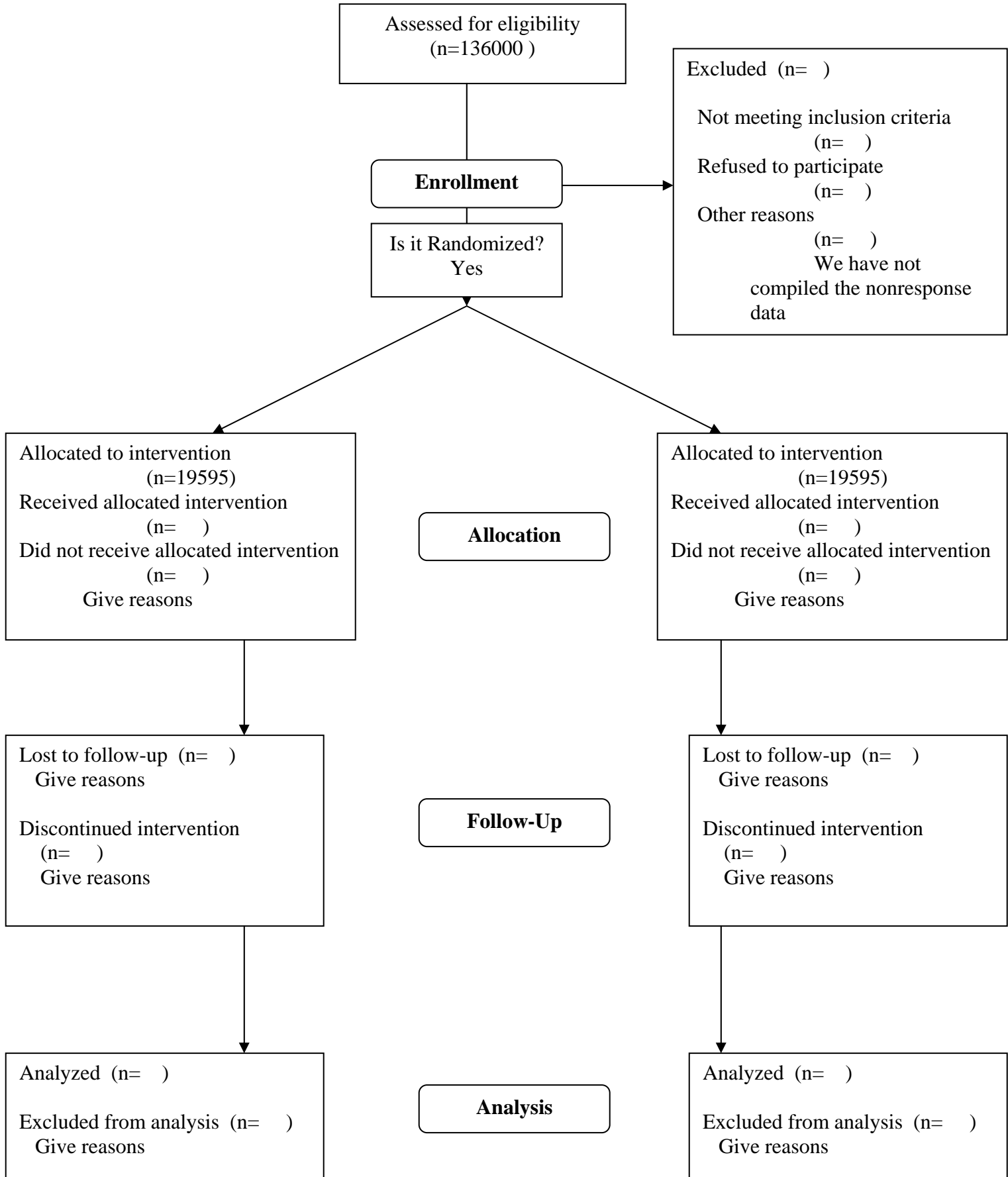


# HMC Consort Diagram Through 8/31/07 – Williams, G Self Determination and Tobacco Abstinence



# HMC Consort Diagram Through 8/31/07 – Williams, P

## Long-Term Exercise Maintenance Via Internet Support



# HMC Consort Diagram Through 8/31/07 - Wing

## Long-term Maintenance of Weight Loss

