



Health Maintenance Consortium Resource Center
The Science of Maintaining Healthy Behavior

Site Progress Reports as of February 2006

Principal Investigator	Current Recruitment Goal (A)	Actual Recruitment (B)		Minorities		Women		Intervention Completed (C)			Abstract (A) Manuscript (M) Other Work (O)	New Measures
		#	%	#	%	#	%	#	%	%		
Beresford	2800	1441	51	450	31	1197	83	0	0	0	M	
DiClemente	700	260	37	260	100	260	100	0	0	0		
Elliot	505*	326	65	49	15	31	10	505	100	100	A, M, O	X
Friedman	1155	0	0	0	0	0	0	0	0	0		X
Gorin	400	188	47	5	3	113	60	97	52	24		X
Hughes	600	351	59	170	48	303	86	321	91	54	A	X
Killen	300	289	96	60	21	116	40	150	52	50		
Kirby	128	92	72	70	76	44	48	49	53	38	A	
Klesges	400	138	35	18	13	70	51	0	0	0		
Lapham	445	247	56	173	70	151	61	NA	NA	NA		
Lowe	280	110	39	90	82	100	91	0	0	0		
Martinson	1100	1049	95	74	7	759	72	272	26	25	A	
McKay	300	145	48	130	90	48	33	6	4	2	M	X
Randell	544	169	31	19	11	37	22	NA	NA	NA		X
Rimer	3545	3547	100	420	12	3547	100	3546	100	100	A, M	X
Roll	120	54	45	25	46	17	31	23	43	19	M	X
Roll	120	62	52	26	42	28	45	31	50	26	M	X
Toobert	279	279	100	22	8	279	100	246	88	88	M	X
Williams, G	950	215	23	55	26	115	53	45	21	5		
Williams, P	16000	28325	177	2320	8	17171	61	0	0	0	M	
Wing	270	284	105	19	7	253	89	259**	91	96		

*505 + additional 188 new recruits ; **questionnaires completed

HMC PI	Abstracts, Manuscripts and Other Scholarly Work
Beresford	Thompson B, Hannon PA, Bishop SK, West BE, Peterson, AK, Beresford SAA. Factors Related To Participatory Employee Advisory Boards In Small, Blue-Collar Worksites. <i>American Journal of Health Promotion</i> . 2005 Jul-Aug;19(6):430-7.
Elliot	<p>Fairchild A, MacKinnon D, Elliot D, Moe E, Lockwood C. Mediation analysis of the PHLAME intervention program. Society for Prevention Research National Meeting, October 2005.</p> <p>Kuehl KS, Elliot DL, Goldberg L. Short-term Economic Impact of a Health Promotion Program. The PHLAME Study. (Revisions requested, <i>American Journal of Health Promotion</i>.)</p> <p>Elliot DL, Goldberg L, Kuehl KS, Moe EL, Breger RK, Pickering MA. The PHLAME study – Process and Outcomes of Two models of Behavior Change. (Under review, <i>American Journal of Preventive Medicine</i>.)</p> <p>DeFrancesco C, Ernst D. Coding experiences from the field. <i>MINT Bulletin</i>. 2005;12(1):48-49. http://www.motivationalinterview.org/mint/index.html</p> <p>Breger R, DeFrancesco C, Elliot D. Training coders to use the Motivational Interviewing Treatment Integrity coding system. <i>MINT Bulletin</i>. 2005;12(2):14-16. http://www.motivationalinterview.org/mint/index.html</p> <p>Kuehl KS. The true cost of Fire Department Medical Programs (PHLAME). International Association of Fire Fighters Wellness Symposium, October 2005.</p>
Hughes	<p>Hughes SL, Seymour RB, Desai P, Huber G. Fit and Strong!: Findings and program implementation. American Society on Aging-National Council on the Aging Joint Conference, March 2006.</p> <p>Hughes SL, Desai P, & Seymour RB. Recruitment and Retention of Older Adults with Lower-Extremity Osteoarthritis: Successful strategies and lessons learned. American Public Health Association Annual Meeting, December 2005.</p> <p>Hughes SL, Desai P, & Seymour RB. Recruitment and Retention of Older Adults with Lower-Extremity Osteoarthritis: Successful strategies and lessons learned from the Fit and Strong! study. Gerontological Society of America Annual Meeting, November 2005.</p>
Kirby	Two abstracts were submitted to ABA and were accepted. They will be presented as posters at the May conference. Two abstracts were also submitted to CPDD, which is in June. We have not heard about their acceptance yet.
Martinson	Martinson B. Keep Active Minnesota: RE-AIMing a RCT of physical activity maintenance in older adults. American College of Sports Medicine Annual Meeting, June 2005.

HMC PI	Abstracts, Manuscripts and Other Scholarly Work
McKay	<p>McKay JR. Is there a case for extended interventions for alcohol and drug use disorders? <i>Addiction</i>. 2005 Nov;100(11):1594-610.</p> <p>Collins LM, McKay JR, Oslin DW, Rosenberg ES, & Murphy SA. Building and evaluating standardized but flexible clinical interventions: The sequential multiple assignment randomized trial (SMART). (Submitted, <i>JAMA</i>.)</p> <p>Murphy SA et al. Methodological challenges in constructing effective treatment sequences for chronic disorders. (Submitted, <i>Biological Psychiatry</i>.)</p> <p>McKay JR. New developments in continuing care and disease management in the addictions. Brown University, January 2006.</p>
Rimer	<p>Gierisch JM, O'Neill SC & DeFrank J. A Decisional Balance Scale for Mammography Maintenance. University of North Carolina Women's Health Research Day.</p> <p>O'Neill SC, Bowling JM, Lipkus I, Rimer BK, Strigo TS, & Skinner CS. Is thinking about mammograms related to behavioral intentions? (Submitted, <i>Health Education and Behavior</i>.)</p>
Roll	<p>Roll JM, Huber A, Sodano R, Chudzynski J, Moynier E & Shoptaw S. A comparison of five reinforcement schedules for use in contingency management-based treatment of methamphetamine abuse. (In Press, <i>Psychological Record</i>.)</p> <p>Roll JM & Shoptaw S. Contingency management for the treatment of methamphetamine abuse: Schedule effects. (In Press, <i>Psychiatric Research</i>.)</p> <p>Johanson CE, Frey KA, Lundhal L, Keenan P, Lockhart N, Roll J, Galloway G, Koeppe RA, Kilbourn MR, Robbins T, & Schuster CR. Brain function and nigrostriatal markers in long-term abstinent methamphetamine abusers. (In Press, <i>Psychopharmacology</i>.)</p> <p>Roll JM, Prendergast ML., Sorensen K, Prakash S, & Chudzynski J. A comparison of voucher exchanges between criminal justice involved and noninvolved participants enrolled in voucher-based contingency management drug abuse treatment programs. <i>American Journal of Drug and Alcohol Abuse</i>, 2005;31:393-401.</p> <p>Roll JM, Prendergast ML, Richardson K, Burdon W, & Ramirez A. Identifying predictors of treatment outcome in a drug court program. <i>American Journal of Drug and Alcohol Abuse</i>, 2005;31:641-656.</p> <p>Roll JM, Richardson, G & Chudzynski J. Potential sources of reinforcement and punishment in a drug-free treatment clinic: Client and staff perceptions. <i>American Journal of Drug and Alcohol Abuse</i>, 2005;31:21-33.</p> <p>Roll JM, Petry, NM, Stitzer ML, Brecht ML, Peirce JM, McCann MJ, Blaine J, MacDonald M, DiMaria,J, Lucero L, & Kellog S. Contingency management for the treatment of methamphetamine abuse. (In Press, <i>American Journal of Psychiatry</i>.)</p> <p>Prendergast M, Podus D, Finney J, Greenwell L, & Roll J. Contingency management for treatment of substance use disorders: A meta-analysis. (Submitted)</p>

HMC PI	Abstracts, Manuscripts and Other Scholarly Work
Roll (Continued)	<p>Roll JM, Rawson R, & Petry N. Suggestions to Facilitate the Adoption of Contingency Management in Substance Abuse Treatment: A Commentary. (Submitted)</p> <p>Sodano R, Roll JM, Shoptaw S, Chudzynski JE, Mercado P, & Moynier E. Weight change as a function of methamphetamine abuse treatment outcomes. (Submitted)</p> <p>Roll JM. Contingency management for the treatment of methamphetamine use disorders. In Higgins, S. T., Silverman, K., & Hiel, S. H. (Eds.). Contingency Management In The Treatment Of Substance Use Disorders: A Science-Based Treatment Innovation. (In Press)</p> <p>Roll JM. Using contingency management to modify the cigarette smoking behavior of adolescents. <i>Journal of Applied Behavior Analysis</i>. 2005;38:463-467.</p>
Toobert	<p>Toobert DJ. Effects of the Mediterranean Lifestyle Program on Multiple Risk Behaviors and Psychosocial Outcomes among Women at Risk for Heart Disease. Society for Behavioral Medicine, March 2006.</p> <p>Toobert DJ et al. Increasing Behavior Medicine's Impact on Physical and Mental Health. Society of Behavioral Medicine, March 2006.</p> <p>Toobert DJ, Strycker LA, Glasgow RE, Barrera M, Angell, K. Effects of the Mediterranean Lifestyle Program on Multiple Risk Behaviors and Psychosocial Outcomes Among Women at Risk for Heart Disease. <i>Annals of Behavioral Medicine</i>. 2005;29(2):128-137.</p> <p>Toobert DJ, Glasgow RE, Strycker LA, Barrera M, Ritzwoller DP, Weidner G. Long-Term Effects of the Mediterranean Lifestyle Program: A Randomized Clinical Trial for Postmenopausal Women with Type 2 Diabetes. (Submitted, <i>International Journal of Behavioral Nutrition and Physical Activity</i>.)</p> <p>Barrera M, Toobert DJ, Glasgow RE, Angell KL, MacKinnon DP. Social Support and Social-Ecological Resources as Mediators of Lifestyle Intervention Effects for Type 2 Diabetes. (In Press, <i>Journal of Health Psychology</i>.)</p> <p>Glasgow RE, Toobert DJ, Barrera M, Strycker L.A. The Chronic Illness Resources Survey: Cross-Validation and Sensitivity to Intervention. <i>Health Education Research</i>. 2005;20: 402-409.</p> <p>Glasgow RE, Toobert DJ, Barrera M, Strycker L.A. Assessment of Problem Solving: A Key to Successful Diabetes Self-Management. (In Press, <i>Journal of Behavioral Medicine</i>.)</p>

HMC PI	Abstracts, Manuscripts and Other Scholarly Work
Williams, P	<p data-bbox="317 217 1969 282">Williams PT, Wood PD. The effects of changing exercise levels on weight and age-related weight gain. <i>Int J Obes (Lond)</i>. 2005 Nov 29, [Epub ahead of print]</p> <p data-bbox="317 321 1955 386">Williams PT. Nonlinear relationships between weekly walking distance and adiposity in 27,596 women. <i>Med Sci Sports Exerc</i>. 2005 Nov;37(11):1893-901.</p> <p data-bbox="317 425 1955 490">Williams PT, Satariano WA. Relationships of age and weekly running distance to BMI and circumferences in 41,582 physically active women. <i>Obes Res</i>. 2005 Aug;13(8):1370-80.</p> <p data-bbox="317 529 1940 594">Williams PT, Pate RR. Cross-sectional relationships of exercise and age to adiposity in 60,617 male runners. <i>Med Sci Sports Exerc</i>. 2005 Aug;37(8):1329-37.</p>